

## Pay for Results

Peak States® therapists follow a 'pay for results' approach:

- Agreed result achieved = full payment
- No result = full refund or no payment
- Partial result = partial refund/payment (as agreed with client)

## Definition of Peak States®

Most people have had temporary moments in life where they suddenly felt exceptionally good. A temporary experience of wholeness, exceptional happiness, a feeling of being connected with everything or perhaps a deep feeling of peace. Such an experience is known as a Peak Experience (Abraham Maslow, 1964).

Some people have such experiences as a continuous part of life - this is called a Peak State (Grant McFetridge, 2004).

## About the Institute for the Study of Peak States

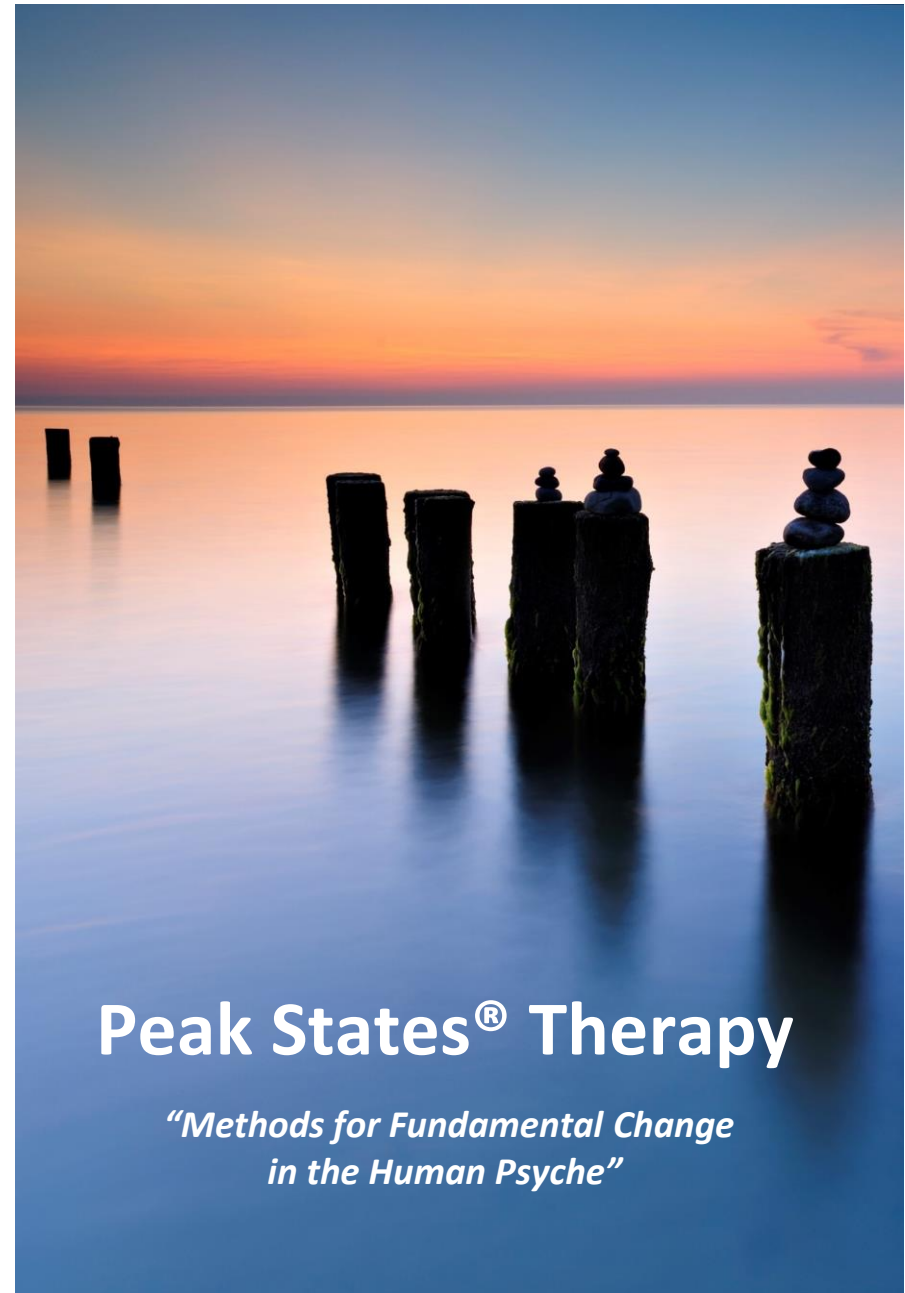
- Was founded in 1997
- Is a world-wide network of therapists, clinics and training programs
- Its purpose is to improve the life of humanity
- Researches and formulates techniques to heal traumas and specific conditions to improve lives and enhance consciousness
- Its groundbreaking discoveries in prenatal development have led to the creation of techniques for acquiring exceptional states of consciousness (Peak States®)
- Its techniques have stunning practical applications in the areas of psychology and medicine

For more information, please go to the Peak States® therapy website at [www.peakstatestherapy.com](http://www.peakstatestherapy.com)

Optional  
picture of  
therapist

Peak States Certified Therapist  
Name of therapist  
Telephone/mobile number  
Email address  
Homepage: [www.xxxxxxxx.com](http://www.xxxxxxxx.com)

Institute  
for the Study  
of Peak States



# Peak States® Therapy

*“Methods for Fundamental Change  
in the Human Psyche”*

# Peak States® Therapy

Peak States® therapy is for people, perhaps like you, who are seeking effective ways to improve your life permanently. Perhaps you are suffering in some difficult way, or you are interested in personal or spiritual growth, or perhaps simply want to see if you can get back one of those wonderful feelings you once had.

Peak States®  
therapy can help  
you live a more  
optimal life

## Areas where Peak States® therapy can be used

### Accessing optimal life

- Accessing Peak States
- Improve consciousness
- Improve performance
- Optimal decision making

### Problem solving

- Trauma and PTSD
- Depression
- Relationship problems
- Grief/loss
- Separation issues
- Excessive thoughts
- Destructive/limiting self-beliefs
- Anxiousness and phobias
- Addictions
- Co-dependencies
- Neediness
- Physical symptom reduction

Peak States® therapy  
uses cutting edge  
research findings to  
address the root cause of  
problems and promotes  
access to Peak States of  
consciousness

## Peak States® Processes

Adds intrinsic positive feelings to your life

### Inner Peace Process™

Helps you to experience your present moment free from the emotional charge of past traumas.

### Peak Experience to State Process™

Brings a past Peak Experience into a more easily accessible Peak State in daily life (see back page for definition).

## Repair Processes

Removes a problem – opening up to positivity

### Silent Mind Technique™

Removes a large amount of involuntary thinking (thoughts as well as 'voices') and helps you become less influenced by other people.

### Optimal Decision-Making Process™

A very simple technique that enables people to feel what decision is the right one (the optimal one) for the person's life.

### Life Path Process™

Helps you find your path in life by removing the traumas that hinders you in "seeing" the path and following it.

### Smoking Addiction Treatment™

Removes the craving for cigarettes.

### Removing Neediness Process™

This process removes neediness including excessive need/longing for love, recognition and attention.

### Feeling Positive Issue Process™

If you have a tendency to only see problems in your past and not positive events. This process will heal resistance to feel good.